

CERTIFICATE OF PARTICIPATION

This is to certify that

Theresa Ashdown

Has successfully participated & completed the

5km Eastern Nights Trail Run #3

held at Benoni Country Club.

TIME 00:35:22

PACE 07:03/km

OVERALL 15 of 60

GENDER 7 of 37

OVER 40 4 of 21

06 June 2019, Thu

Date



BoutTime

Signature

